

# FREE SBIRT Training

## Reducing Unhealthy Alcohol and Drug Use Among Patients at Office-Based Physician Practices

You will hear from two local addiction and SBIRT experts –  
**Christopher Welsh, M.D., University of Maryland Medical Center**

&

**Carlo DiClemente, Ph.D., University of Maryland Baltimore County**

This training will introduce physicians to SBIRT, improve physician use of motivational techniques to change patient behavior, and provide practical tips for providing SBIRT services in busy office-based settings.

*The CME credit from this activity will meet the mandatory requirement, in opioid prescribing and management, of the Maryland Board of Physicians for Licensure.*

### Objectives: At the conclusion of this activity the physician will be able to:

- ⇒ Describe Screening, Brief Intervention and Referral to Treatment (SBIRT), an evidence-based intervention for patients with low, medium or severe alcohol and drug use;
- ⇒ Integrate the use of motivational techniques to influence patients to reduce unhealthy behaviors,;
- ⇒ Formulate a framework for providing SBIRT services in office-based settings including the use of electronic health records, billing codes, etc.; and
- ⇒ Apply effective substance use screening and intervention within a busy primary care or specialty care practice.

### CME Accreditation Statement

*"This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MedChi, The Maryland State Medical Society, The Center for Healthy Maryland and Behavioral Health System Baltimore. MedChi is accredited by the ACCME to provide continuing medical education for physicians.*

### CME Designation Statement

*MedChi designates this live educational activity for a maximum of 3 AMA PRA Category I Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity."*

*The CME credit from this activity will meet the mandatory CME requirement of the Maryland Board of Physicians for Licensure.*

**FREE SBIRT Training!**

Earn 3 CME  
Credits and meet  
your licensure  
requirements!!

**Saturday,  
June 6, 2015**

MedChi,  
Historic Osler Hall  
1211 Cathedral Street  
Baltimore, MD 21201

### Agenda

**8:30 am**

Registration/Breakfast

**9:00 am**

Substance Use Disorders and  
Screening Instruments

**10:00 am**

Brief Interventions

**11:00 am**

SBIRT in office-based settings

### Reservation

**RSVP by June 1, 2015**

Center for a Healthy Maryland, 1211 Cathedral Street, Baltimore, Maryland 21201  
Call 410.539.0872, ext. 3337 or Fax 410-649.4131 or email [jfullard@medchi.org](mailto:jfullard@medchi.org).

\_\_\_\_\_ I will attend the SBIRT Training on Saturday, June 6, 2015.

\_\_\_\_\_ I will be bringing: \_\_\_\_\_  
Name(s):

(Name)

(Telephone #)

(E-mail)