

IN THE MATTER OF
NELLIE RUELOS, M.D.

Respondent

License Number: D0030381

BEFORE THE
MARYLAND STATE
BOARD OF PHYSICIANS
Case Number: 7726-0069

TERMINATION OF CDS PROHIBITION

On May 22, 2026, Disciplinary Panel B (the “Panel”) of the Maryland State Board of Physicians (the “Board”) and Nellie Ruelos, M.D. entered into a Consent Order, wherein the Panel concluded, as a matter of law, that Dr. Ruelos was guilty of failing to meet appropriate standards as determined by appropriate peer review for the delivery of quality medical and surgical care performed in an outpatient surgical facility, office, hospital, or any other location in this State, a violation of Health Occ. § 14-404(a)(22); and failed to comply with the requirements of the Prescription Drug Monitoring Program under Title 21, Subtitle 2A of the Health General Article, a violation of Health Occ. § 14-404(a)(46).¹

Pursuant to the Consent Order, Dr. Ruelos was reprimanded and placed on probation for a minimum of ONE (1) YEAR with the following probationary terms and conditions: 1) successfully complete courses in (i) CDS prescribing and (ii) medical recordkeeping within six (6) months from the effective date of the Consent Order; and (2) is prohibited from prescribing and dispensing all Controlled Dangerous Substances (CDS) for new patients until after she has successfully completed the required coursework.² Furthermore, the Consent Order provided that the prescribing and

¹ A copy of the May 22, 2026, Consent Order is incorporated by reference and available upon request.

² The prohibition on prescribing and dispensing went into effect forty-five calendar days after the effective date of the Consent Order.

dispensing prohibition may be administratively terminated through an Order of the disciplinary panel upon Dr. Ruelos' completion of both courses.

Dr. Ruelos has submitted verification to the Board of successful completion of the required coursework.

It is, thus, by the Panel, hereby,

ORDERED that the prohibition on prescribing and dispensing all CDS for new patients is **TERMINATED**; and it is further

ORDERED that the reprimand, probation³, and the probationary terms and conditions imposed by the May 22, 2026, Consent Order remain in effect; and it is further

ORDERED that Dr. Ruelos shall not apply for early termination of probation; and it is further

ORDERED that, after the minimum period of **ONE (1) YEAR** has passed, effective from May 22, 2026, and if Dr. Ruelos has complied with all terms and conditions of probation, Dr. Ruelos may submit to the Board a written petition for termination of probation. After consideration of the petition, the probation may be terminated through an order of the disciplinary Panel. Dr. Ruelos may be required to appear before the disciplinary panel to discuss her petition to terminate probation. The disciplinary panel may grant the petition to terminate the probation through an order of the disciplinary panel, if Dr. Ruelos has complied with all probationary terms and conditions and there are no pending complaints related to the charges; and it is further

ORDERED that the effective date of this Termination of CDS Prohibition is the date the Termination of CDS Prohibition is signed by the Executive Director of the Board or her designee.

³ If Dr. Ruelos' license expires during the probationary period, the probation and the probationary terms and conditions in the May 22, 2026, Consent Order will be tolled.

The Executive Director signs the Termination of CDS Prohibition on behalf of the disciplinary panel, which has imposed the terms and conditions of this Order; and it is further

ORDERED that this Termination of CDS Prohibition is a public document. *See* Health Occ.

§§ 1-607, 14-411.1(b)(2) and Gen. Prov. § 4-333(b)(6).

10/21/2026
Date

Signature on File

Christine A. Farrelly
Executive Director
Maryland State Board of Physicians