

IN THE MATTER OF

GURMEET S. SAWHNEY, M.D.,

Respondent

License Number: D44973

BEFORE THE

MARYLAND STATE

BOARD OF PHYSICIANS

Case Number: 2226-0126 B

CONSENT ORDER

In or around December 2025, the Maryland State Board of Physicians (the “Board”) initiated an investigation of GURMEET S. SAWHNEY, M.D. (the “Respondent”), License Number D44973, after receiving information concerning the condition and operation of the Respondent’s medical office. At the conclusion of its investigation, Panel B determined that it had grounds to charge the Respondent with failing to comply with provisions of the Maryland Medical Practice Act (the “Act”), Md. Code Ann., Health Occ. (“Health Occ.”) §§ 14-101 *et seq.* (2021 Repl. Vol. & 2025 Supp.).

The pertinent provisions of the Act are as follows:

Health Occ. § 14-404.

- (a) Subject to the hearing provisions of § 14-405 of this subtitle, a disciplinary panel, on the affirmative vote of a majority of the quorum of the disciplinary panel, may reprimand any licensee, place any licensee on probation, or suspend or revoke a license if the licensee:

....

- (3) Is guilty of:

- (ii) Unprofessional conduct in the practice of medicine;

....

- (43) Except for the licensure process described under Subtitle 3A of this title, violates any provision of this title, any rule or regulation

adopted by the Board, or any State or federal law pertaining to the practice of medicine.

Prior to the issuance of disciplinary charges, the Respondent agreed to enter into this Consent Order, consisting of Findings of Fact, Conclusions of Law, Order, and Consent.

FINDINGS OF FACT

Panel B finds the following facts:

1. At all times relevant, the Respondent was and is licensed to practice medicine in the State of Maryland. The Respondent initially was licensed to practice medicine in Maryland on August 12, 1993, under License Number D44973. The Respondent's current license is active and expires on September 30, 2027, subject to renewal.
2. The Respondent practices internal medicine and, at all times relevant, maintained private medical offices in Anne Arundel County, Maryland, and Prince George's County, Maryland.
3. On or about December 18, 2025, the Board received a complaint concerning, among other things, the condition and organization of one of the Respondent's medical offices.
4. On January 22, 2026, Board staff conducted an unannounced inspection of the Respondent's medical offices. At the Respondent's office in Anne Arundel County, Board staff observed open shelving, drawers, countertops, and other clinical and work surfaces cluttered with papers, medical supplies, and miscellaneous items. Board staff also

observed an open sharps container located on the floor that was approximately three-quarters full.

5. Board staff observed clutter in and around the sink and preparation area used in connection with blood tests. During a subsequent investigative interview, the Respondent confirmed that blood tests were performed in the office and that urine testing was conducted in that area.

6. Board staff observed confidential patient records stored on unsecured open shelving in an open alcove at the end of a hallway in the Anne Arundel County office. Board staff also observed that active medical records were maintained in an open filing cabinet in the receptionist's office, which was adjacent to the patient-accessible portion of the office. The cabinet could be closed and locked.

7. The Board's medical consultant reviewed photographs taken during the unannounced inspection and determined that the Anne Arundel County office was cluttered in a manner that could prevent proper surface cleaning. The consultant also determined that the placement of the sharps container on the floor posed a risk of spillage and/or sharps injury.

8. The Respondent and his office staff performed procedures involving blood and sharps at the Anne Arundel County office, including blood glucose testing, vaccine administration, and blood draws. The Respondent testified that a medical assistant performed fasting blood glucose testing and that he or another staff member administered vaccines.

9. During the Board's investigation, the Respondent produced written cleaning and disinfection procedures for the Anne Arundel County office. Those procedures provided, among other things, that sink areas and countertops were cleaned weekly and disinfected monthly and that examination tables were disinfected weekly. The Respondent also entered into a regulated medical waste service arrangement for the office.

10. The Board's investigation revealed that the Respondent maintained the Anne Arundel County office in a condition that included cluttered clinical and work surfaces that could impede proper cleaning, an open sharps container located on the floor, confidential patient records maintained on unsecured open shelving, and active medical records maintained in an open filing cabinet in the receptionist's office.

CONCLUSIONS OF LAW

Based on the foregoing Findings of Fact, Panel B concludes as a matter of law that the Respondent's maintenance of his medical office, including the condition of the clinical and work areas and the manner in which confidential patient records were maintained, constituted unprofessional conduct in the practice of medicine, in violation of Health Occ. § 14-404(a)(3)(ii).

Panel B further concludes that the Respondent violated Health Occ. § 14-404(a)(43). The violations underlying Health Occ. § 14-404(a)(43) are 29 C.F.R. § 1910.1030(d)(4), 45 C.F.R. § 164.530(c), and COMAR 10.52.11.05.

ORDER

It is, on the affirmative vote of a majority of the quorum of Panel B, hereby:

ORDERED that the Respondent is **REPRIMANDED**; and it is further

ORDERED that, **within three (3) months** of the effective date of this Consent Order, the Respondent shall submit to an unannounced on-site inspection of the Respondent's medical office(s) by the Board or its designee; and it is further

ORDERED that the effective date of the Consent Order is the date the Consent Order is signed by the Executive Director of the Board or her designee. The Executive Director or her designee signs the Consent Order on behalf of the disciplinary panel which has imposed the terms and conditions of this Consent Order; and it is further

ORDERED that this Consent Order is a public document. See Health Occ. §§ 1-607, 14-411.1(b)(2) and Gen. Prov. § 4-333(b)(6).

10/30/2026
Date

Signature on File

Christine A. Farrelly, Executive Director
Maryland State Board of Physicians

CONSENT

I, Gurmeet S. Sawhney, M.D., acknowledge that I am aware of my right to consult with and be represented by counsel in considering this Consent Order and in any proceedings that would otherwise result from charges. I acknowledge that I have consulted with counsel before signing this document.

By this Consent, I agree to be bound by this Consent Order and all its terms and conditions and understand that the disciplinary panel will not entertain any request for amendments or modifications to any condition.

I am aware of my right to a formal evidentiary hearing pursuant to Health Occ. § 14-405 and the Maryland Administrative Procedure Act, State Gov't §§ 10-201 et seq., concerning any disciplinary charges that could have been issued against me. I waive this right and elect to sign this Consent Order instead.

I acknowledge the validity and enforceability of this Consent Order as if entered after the conclusion of a formal evidentiary hearing in which I would have had the right to counsel, to confront witnesses, to give testimony, to call witnesses on my behalf, and to all other substantive and procedural protections as provided by law. I waive those substantive and procedural protections. I acknowledge the legal authority and the jurisdiction of the Board to initiate these proceedings and to issue and enforce this Consent Order.

I voluntarily enter into and agree to comply with the terms and conditions set forth in this Consent Order as a resolution of the pending disciplinary matters. I waive any right to contest the Findings of Fact and the Conclusions of Law set out in this Consent Order. I

waive all rights to appeal this Consent Order.

I sign this Consent Order without reservation, and I fully understand and comprehend the language and meaning of its terms.

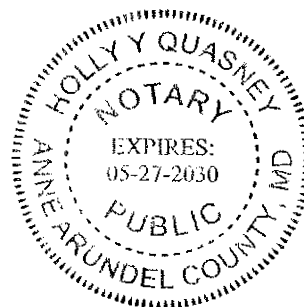
Signature on File

10-23-2026
Date

Gurmeet S. Sawhney, M.D.
The Respondent

NOTARY

STATE OF Maryland
CITY / COUNTY OF Anne Arundel County



I HEREBY CERTIFY that on this 23rd day of October 2026, before me, a Notary Public of the foregoing State and City/County, personally appeared Gurmeet S. Sawhney, M.D. and made oath in due form of law that signing the foregoing Consent Order was his voluntary act and deed.

AS WITNESSETH my hand and notarial seal.

Holly Quasney
Notary Public

My commission expires: 5-27-2030