

**IN THE MATTER OF  
THOMAS SEDLAK M.D.**

**Respondent**

**License Number: D0063859**

**BEFORE THE  
MARYLAND STATE  
BOARD OF PHYSICIANS**

**Case Number: 2226-0115A**

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**CONSENT ORDER**

Based on an investigation conducted by the Maryland State Board of Physicians (the "Board"), Disciplinary Panel A of the Board has grounds to charge **THOMAS SEDLAK M.D.**, (the "Respondent"), License Number D0063859, with violating the Maryland Medical Practice Act (the "Act"), Md. Code Ann., Health Occ. ("Health Occ.") §§ 14-101 *et seq.* (2021 Repl. Vol. & 2025 Supp.).

Specifically, Disciplinary Panel A has grounds to charge the Respondent with violating the following provisions of Health Occ. § 14-404:

- (a) *In general.* Subject to the hearing provisions of § 14-405 of this subtitle, a disciplinary panel, on the affirmative vote of a majority of the quorum of the disciplinary panel, may reprimand any licensee, place any licensee on probation, or suspend or revoke a license if the licensee:

...

- (3) Is guilty of:

...

- (ii) Unprofessional conduct in the practice of medicine;  
[and]

- (43) Except for the licensure process described under Subtitle 3A of this title, violates any provision of this title, any rule or regulation adopted by the Board, or any



State or federal law pertaining to the practice of medicine [.]

Pursuant to Health Occ. § 14-404(a)(43), cited above, the pertinent federal law and

State rules are as follows:

**45 C.F.R. 160.103 - Definitions.**

...

Covered entity means:

...

- (3) A health care provider who transmits any health information in electronic form in connection with a transaction covered by this subchapter.

Health care provider means ... a provider of medical or health services (as defined in section 1861(s) of the Act, 42 U.S.C. 1395x(s))[.]

**42 U.S.C. § 1395x. Definitions**

...

- (s) Medical and other health services

The term “medical and other health services” means any of the following items or services:

- (1) physician’s services[.]

**45 C.F.R. § 164.506 Uses and disclosures to carry out treatment, payment, or health care operations.**

- (a) Standard: Permitted uses and disclosures. Except with respect to uses or disclosures that require an authorization under § 164.508(a)(2) through (4) or that are prohibited under § 164.502(a)(5)(i), a covered entity may use or disclose protected health information for treatment, payment, or health care operations as set forth in paragraph (c) of this section,



provided that such use or disclosure is consistent with other applicable requirements of this subpart.

(b) Standard: Consent for uses and disclosures permitted.

(1) A covered entity may obtain consent of the individual to use or disclose protected health information to carry out treatment, payment, or health care operations.

(2) Consent, under paragraph (b) of this section, shall not be effective to permit a use or disclosure of protected health information when an authorization, under § 164.508, is required or when another condition must be met for such use or disclosure to be permissible under this subpart.

(c) Implementation specifications: Treatment, payment, or healthcare operations.

(1) A covered entity may use or disclose protected health information for its own treatment, payment, or health care operations.

**45 C.F.R. § 164.508 Uses and disclosures for which an authorization is required.**

(a) Standard: Authorizations for uses and disclosures

(1) Authorization required: General rule. Except as otherwise permitted or required by this subchapter, a covered entity may not use or disclose protected health information without an authorization that is valid under this section. When a covered entity obtains or receives a valid authorization for its use or disclosure of protected health information, such use or disclosure must be consistent with such authorization.



Prior to the issuance of a charging document, the Respondent agreed to enter into the following Consent Order, consisting of Findings of Fact, Conclusions of Law, Order, and Consent.

### **FINDINGS OF FACT**

Disciplinary Panel A makes the following Findings of Fact:

#### **I. LICENSING BACKGROUND**

1. At all relevant times hereto, the Respondent was and is licensed to practice medicine in the State of Maryland. The Respondent obtained his license to practice in the State of Maryland on November 10, 2005, under license number D0063859. His license is active through September 30, 2027, subject to renewal.

2. The Respondent is board-certified in Psychiatry.

3. At all times relevant hereto, the Respondent was employed as a staff physician at a hospital (the "Hospital") located in Baltimore, Maryland.

#### **II. COMPLAINT**

4. On or about August 7, 2025, the Board received a complaint (the "Complaint") that alleged, *inter alia*, that the Respondent inappropriately accessed the medical records of a member of his family (the "Family Member").

5. Based on the Complaint, the Board initiated an investigation of the Respondent.

#### **III. BOARD INVESTIGATION**

6. The Board's investigation revealed that the Family Member contacted the Hospital with concern that the Respondent had accessed her medical records without



authorization. As a result, the Hospital conducted an internal investigation and determined that the Respondent inappropriately accessed the Family Member's medical records on at least two occasions. Specifically, the Respondent accessed information in the Family Member's record, that included, but was not limited to, name, date of birth, phone number, medical record number, diagnosis, medications, dates of service, locations of service, providers' names, description and other related medical information.

7. During an interview with Board staff, the Respondent admitted that he had prescribed medication to the Family Member on multiple occasions and that he also accessed the Family Member's medical record.

8. As a result of the Respondent's unauthorized access of the Family Member's medical record, the Hospital issued a written warning to the Respondent and required him to take corrective action.

### **CONCLUSIONS OF LAW**

Based on the foregoing Findings of Fact, Disciplinary Panel A concludes as a matter of law that the Respondent's conduct, including but not limited to, prescribing medication for a Family Member, constitutes unprofessional conduct in the practice of medicine, in violation of Health Occ. § 14-404(a)(3)(ii).

### **ORDER**

It is, on the affirmative vote of a majority of the quorum of Board Disciplinary Panel A, hereby:

**ORDERED** that the Respondent is hereby **REPRIMANDED**; and it is further



**ORDERED** that this Consent Order is a public document. *See* Md. Code Ann., Health Occ. §§ 1-607, 14-411.1(b)(2) and Gen. Prov. § 4-333(b)(6).

**CONSENT**

I, Thomas Sedlak, M.D., acknowledge that I am aware of my right to consult with and be represented by counsel in considering this Consent Order and in any proceedings that would otherwise result from charges. I have chosen to proceed without counsel and I acknowledge that the decision to proceed without counsel is freely and voluntarily made.

By this Consent, I agree to be bound by this Consent Order and all its terms and conditions and understand that the disciplinary panel will not entertain any request for amendments or modifications to any condition.

I assert that I am aware of my right to a formal evidentiary hearing, pursuant to Md. Code Ann., State Gov't § 10-201 *et seq.*, concerning any disciplinary charges that could have been issued against me. I waive this right and elect to sign this Consent Order instead.

I acknowledge the validity and enforceability of this Consent Order as if entered after the conclusion of a formal evidentiary hearing in which I would have had the right to counsel, to confront witnesses, to give testimony, to call witnesses on my behalf, and to all other substantive and procedural protections as provided by law. I waive those procedural and substantive protections. I acknowledge the legal authority and the jurisdiction of the Board to initiate these proceedings and to issue and enforce this Consent Order.

I voluntarily enter into and agree to comply with the terms and conditions set forth in the Consent Order as a resolution of the pending disciplinary matters. I waive any right



to contest the Findings of Fact and Conclusions of Law and Order set out in this Consent Order. I waive all rights to appeal this Consent Order.

I sign this Consent Order, without reservation, and I fully understand and comprehend the language and meaning of its terms.

6/5/2026

**Signature on File**

Date

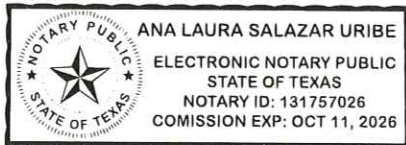
Thomas Sedlak, M.D.  
Respondent

**NOTARY**

STATE OF Texas  
CITY/COUNTY OF Harris

I HEREBY CERTIFY that on this 05 day of June, 2026, before me, a Notary Public of the foregoing State and City/County personally appear Thomas Sedlak, M.D., and made oath in due form of law that signing the foregoing Consent Order was his voluntary act and deed.

AS WITNESSETH my hand and notary seal.



*Ana Laura Salazar Uribe*

Notary Public

Document Notarized using a Live Audio-Video Connection

My commission expires: October 11, 2026

**ACCEPTANCE**

I, Christine A. Farrelly, sign this CONSENT ORDER on behalf of Disciplinary Panel A.

06/18/2026  
Date

**Signature on File**

Christine A. Farrelly  
Executive Director  
Maryland State Board of Physicians

