

IN THE MATTER OF
KARLENE ROSS, M.D.

Respondent

License Number: D0066434

BEFORE THE
MARYLAND STATE
BOARD OF PHYSICIANS
Case Number: 2226-0133A

CONSENT ORDER

On June 9, 2026, Disciplinary Panel A (“Panel A”) of the Maryland State Board of Physicians (the “Board”) charged **KARLENE ROSS, M.D.** (the “Respondent”), license number D0066434, under the Maryland Medical Practice Act (the “Act”), Md. Code Ann., Health Occupations (“Health Occ.”) §§ 14-101 *et seq.*

Panel A charged the Respondent with violating the following provisions of the Act:

Health Occ. § 14-404. Denials, reprimands, probations, suspensions, and revocations – Grounds.

- (a) *In general.* Subject to the hearing provisions of § 14-405 of this subtitle, a disciplinary panel, on the affirmative vote of a majority of the quorum of the disciplinary panel, may reprimand any licensee, place any licensee on probation, or suspend or revoke a license if the licensee:

...

- (33) Fails to cooperate with a lawful investigation conducted by the Board or a disciplinary panel[.]

On August 12, 2026, Panel A was convened as a Disciplinary Committee for Case Resolution (“DCCR”) in this matter. Based on negotiations occurring as a result of this

DCCR, the Respondent agreed to enter into this Consent Order, consisting of Findings of Fact, Conclusions of Law, Order, and Consent.

FINDINGS OF FACT

Panel A finds:

I. Background

1. At all relevant times hereto, the Respondent was and is licensed to practice medicine in the State of Maryland. The Respondent obtained her license to practice medicine in the State of Maryland on July 18, 2007, under license number D0066434. Her license is active through September 30, 2027, subject to renewal.

2. The Respondent is board-certified in Family Medicine.

3. At all times relevant hereto, the Respondent has been employed by a group medical practice (the “Respondent’s Office”)¹ located in Waldorf, Maryland.

Prior Disciplinary History

4. On June 22, 2016, the Respondent entered into a Consent Order (the “2016 Consent Order”) in Board Case Number 2016-0258A (“Case #2016-0258A”), where the Board concluded, as a matter of law, that the Respondent had failed to cooperate with a lawful investigation conducted by the Board or a disciplinary panel, in violation of Health Occ. § 14-404(a)(33). In Case #2016-0258A, the Respondent failed to respond to repeated Board requests and a subpoena *ad testificandum* related to a patient complaint

¹ For confidentiality and privacy purposes, the names of individuals and health care facilities involved in this case are not disclosed in this document. The Respondent may obtain the names of all individuals and health care facilities referenced in this document by contacting the administrative prosecutor.

filed against the Respondent. As a result of the 2016 Consent Order, the Board imposed a reprimand and ordered the Respondent to pay a civil fine in the amount of \$5,000.

5. On June 29, 2020, the Respondent entered into a Consent Order (the “2020 Consent Order”) in Board Case Number 2220-0112A (“Case #2220-0112A”), where the Board concluded, as a matter of law, that the Respondent was guilty of unprofessional conduct in the practice of medicine, in violation of Health Occ. § 14-404(a)(3)(ii); failed to provide details of a patient’s medical record to a patient, another physician, or hospital, in violation of Health Occ. § 14-404(a)(13); and failed to cooperate with a lawful investigation conducted by the Board or a disciplinary panel, in violation of Health Occ. § 14-404(a)(33).

6. In Case #2220-0112A, a complaint was filed with the Board on behalf of one of the Respondent’s patients by the Office of the Attorney General’s Health Education and Advocacy Unit (“HEAU”). The complaint stated that the Respondent, over a three-month period, had failed to respond to its requests to transmit the patient’s records to the patient’s health care provider and to HEAU. Following receipt of the complaint, the Board sent repeated requests to the Respondent over a three-month period and a subpoena *ad testificandum* requiring the Respondent to respond to a patient complaint. The Respondent failed to respond to Board’s correspondence and the subpoena.

7. In the 2020 Consent Order, the Board suspended the Respondent’s license for a period of fifteen (15) days. Following the suspension, the Respondent was placed on

probation for a minimum period of one (1) year. The Board further ordered the Respondent to successfully complete a course in professional communication and to pay a civil fine in the amount of \$10,000.

II. Current Allegations

8. On or about November 6, 2025, the Board received a complaint (the “Complaint”) from one of the Respondent’s patients (the “Patient”) stating that the Respondent was non-responsive to the Patient’s requests for the Respondent to provide timely medical documentation for the Patient’s medically necessary work leave.

III. Board Investigation

9. On November 12, 2025, the Board mailed correspondence to the Respondent at her address of record notifying her of the Complaint. The Board provided the Respondent with a copy of the Complaint and requested a written response within ten (10) business days.

10. On November 13, 2025, the Board mailed a subpoena *duces tecum* to the Respondent’s Office requesting that the Patient’s medical records be delivered within ten (10) business days.

11. The Respondent failed to provide a written response to the Board or produce the Patient’s medical records.

12. On December 4, 2025, the Board emailed the Respondent a copy of the November 12, 2025 correspondence and advised that the Board had not received a response. The Board requested a written response from the Respondent by December 11,

2025.

13. The Respondent failed to provide a written response to the Board or produce the Patient's medical records.

14. On December 18, 2025, the Board emailed the Respondent another copy of the November 12, 2025 correspondence. In the email, the Board notified the Respondent that the attached correspondence was previously mailed to her and was also emailed to her on November 12, 2025 and December 4, 2025. The Board advised that it had not received a response from the Respondent and requested a written response by December 26, 2025.

15. The Respondent failed to provide a written response to the Board or produce the Patient's medical records.

16. On January 5, 2026, Board staff spoke with the Respondent by telephone. Board staff notified the Respondent about the initial correspondence letter dated November 12, 2025 and the Board's request for a written response to the Complaint. The Respondent advised that she would send it "tomorrow" when she is "back in the office."

17. The Respondent failed to provide a written response.

18. On January 13, 2026, the Board faxed a subpoena *duces tecum* to the Respondent's Office requesting that the Patient's medical records be delivered within ten (10) business days. On that same day, the Board again emailed the Respondent a copy of the November 12, 2025 correspondence. In the email, the Board notified the Respondent that the attached correspondence was previously sent to the Respondent on November 12,

2025, December 4, 2025, and December 18, 2025. The Board advised that it had not received a response from the Respondent and requested a written response by January 20, 2026.

19. On January 28, 2026 at 11:58 a.m., the Board emailed and mailed to the Respondent's address of record a copy of the November 12, 2025 correspondence previously sent to her and a subpoena *duces tecum* requesting the Respondent to appear at the Board on February 13, 2026 at 10:00 a.m. to provide her written response to the Complaint.

20. On January 28, 2026 at 1:47 p.m., the Board received a copy of the Patient's medical records from the Respondent's Office.

21. The Respondent failed to provide a written response to the Board about the Complaint.

CONCLUSIONS OF LAW

Based on the foregoing findings of fact, Disciplinary Panel A concludes as a matter of law that the Respondent failed to cooperate with a lawful investigation conducted by the Board or a disciplinary panel, in violation of Health Occ. § 14-404(a)(33).

ORDER

It is thus, on the affirmative vote of the quorum of Disciplinary Panel A of the Board, hereby:

ORDERED that the Respondent is **REPRIMANDED**; and it is further

ORDERED that the Respondent is placed on **PROBATION** for a minimum of **TWO (2) YEARS**.² During probation, the Respondent shall comply with the following terms and conditions of probation:

The Respondent shall enroll in the Maryland Professional Rehabilitation Program (MPRP) as follows:

- (a) Within 5 business days, the Respondent shall contact MPRP to schedule an initial consultation for enrollment;
- (b) Within 15 business days, the Respondent shall enter into a Participant Rehabilitation Agreement and Participant Rehabilitation Plan with MPRP;
- (c) the Respondent shall fully and timely cooperate and comply with all MPRP's referrals, rules, and requirements, including, but not limited to, the terms and conditions of the Participant Rehabilitation Agreement(s) and Participant Rehabilitation Plan(s) entered with MPRP, and shall fully participate and comply with all therapy, treatment, evaluations, and screenings as directed by MPRP;
- (d) the Respondent shall sign and update the written release/consent forms requested by the Board and MPRP, including release/consent forms to authorize MPRP to make verbal and written disclosures to the Board and to authorize the Board to disclose relevant information from MPRP records and files in a public order. The Respondent shall not withdraw her release/consent;
- (e) the Respondent shall also sign any written release/consent forms to authorize MPRP to exchange with (i.e., disclose to and receive from) outside entities (including all of the Respondent's current therapists and treatment providers) verbal and written information concerning the Respondent and to ensure that MPRP is authorized to receive the medical records of the Respondent, including, but not limited to, mental health and drug or alcohol evaluation and treatment records. The Respondent shall not withdraw her release/consent; and it is further
- (f) if, upon the authorization of MPRP, the Respondent transfers to a rehabilitation program in another state, the Respondent's failure to comply with any term or condition of the out-of-state's rehabilitation program, constitutes a violation of this Consent Order. The Respondent shall also sign any out-of-state written release/consent forms to

² If the Respondent's license expires during the period of probation, the probation and any conditions will be tolled.

authorize the Board to exchange with (i.e., disclose to and receive from) the out-of-state program verbal and written information concerning the Respondent, and to ensure that the Board is authorized to receive the medical records of the Respondent, including, but not limited to, mental health and drug or alcohol evaluation and treatment records. The Respondent shall not withdraw her release/consent; and it is further

ORDERED that the Respondent shall not apply for early termination of probation; and it is further

ORDERED that, after the Respondent has complied with all terms and conditions of probation and the minimum period of probation imposed by the Consent Order has passed, the Respondent may submit to the Board a written petition for termination of probation. After consideration of the petition, the probation may be terminated through an order of the disciplinary panel. The Respondent may be required to appear before the disciplinary panel to discuss her petition for termination. The disciplinary panel may grant the petition to terminate the probation, through an order of the disciplinary panel, if the Respondent has complied with all probationary terms and conditions and there are no pending complaints relating to the charges; and it is further

ORDERED that a violation of probation constitutes a violation of the Consent Order; and it is further

ORDERED that, if the Respondent allegedly fails to comply with any term or condition imposed by this Consent Order, the Respondent shall be given notice and an opportunity for a hearing. If the disciplinary panel determines there is a genuine dispute as to a material fact, the hearing shall be before an Administrative Law Judge of the Office of Administrative Hearings followed by an exceptions process before a

disciplinary panel; and if the disciplinary panel determines there is no genuine dispute as to a material fact, the Respondent shall be given a show cause hearing before a disciplinary panel; and it is further

ORDERED that after the appropriate hearing, if the disciplinary panel determines that the Respondent has failed to comply with any term or condition imposed by this Consent Order, the disciplinary panel may reprimand the Respondent, place the Respondent on probation with appropriate terms and conditions, or suspend with appropriate terms and conditions, or revoke the Respondent's license to practice medicine in Maryland. The disciplinary panel may, in addition to one or more of the sanctions set forth above, impose a civil monetary fine on the Respondent; and it is further

ORDERED that this Consent Order shall not be amended or modified and future requests for modification will not be considered; and it is further

ORDERED that the Respondent is responsible for all costs incurred in fulfilling the terms and conditions of this Consent Order; and it is further

ORDERED that the effective date of the Consent Order is the date the Consent Order is signed by the Executive Director of the Board or her designee. The Executive Director signs the Consent Order on behalf of the disciplinary panel which has imposed the terms and conditions of this Consent Order; and it is further

ORDERED that this Consent Order is a public document. *See* Md. Code Ann., Health Occ. §§ 1-607, 14-411.1(b)(2) and Gen. Prov. § 4-333(b)(6).

CONSENT

I, Karlene Ross, M.D., assert that I am aware of my right to consult with and be represented by counsel in considering this Consent Order and in any proceedings that would otherwise result from the charges currently pending. I have chosen to proceed without counsel and I acknowledge that the decision to proceed without counsel is freely and voluntarily made.

By this Consent, I agree to be bound by this Consent Order and all its terms and conditions and understand that the disciplinary panel will not entertain any request for amendments or modifications to any condition.

I assert that I am aware of my right to a formal evidentiary hearing, pursuant to Md. Code Ann., Health Occ. § 14-405 and Md. Code Ann., State Gov't §§ 10-201 *et seq.* concerning the pending charges. I waive this right and have elected to sign this Consent Order instead.

I acknowledge the validity and enforceability of this Consent Order as if entered after the conclusion of a formal evidentiary hearing in which I would have had the right to counsel, to confront witnesses, to give testimony, to call witnesses on my behalf, and to all other substantive and procedural protections as provided by law. I waive those procedural and substantive protections. I acknowledge the legal authority and the jurisdiction of the disciplinary panel to initiate these proceedings and to issue and enforce this Consent Order.

I voluntarily enter into and agree to comply with the terms and conditions set forth in the Consent Order as a resolution of the charges. I waive any right to contest the Findings of Fact and Conclusions of Law and Order set out in the Consent Order. I waive all rights to appeal this Consent Order.

I sign this Consent Order, without reservation, and fully understand the language and meaning of its terms.

9/8/2026
Date

Signature on File

Karlene Ross, M.D.

NOTARY

STATE OF NEW YORK

CITY / COUNTY OF NEW YORK

I HEREBY CERTIFY that on this 8th day of SEPTEMBER 2026, before me, a Notary Public of the foregoing State and City/County, personally appeared, Karlene Ross, M.D. and made oath in due form of law that signing the foregoing Consent Order was her voluntary act and deed.

AS WITNESSETH my hand and notarial seal.

Megi Kasapi
Notary Public, State of New York
Reg. No. 01KA0037877
Qualified in Richmond County
Commission Expires 05/28/2029
Certificate Filed in New York County and Kings County



Notary Public

My Commission expires: 05/28/2029

ACCEPTANCE

I, Christine A. Farrelly, sign this **CONSENT ORDER** on behalf of Disciplinary Panel A.

09/11/2026
Date

Signature on File

Christine A. Farrelly
Executive Director
Maryland State Board of Physicians